

# Trevians Caring For Trevians

## COVID-19 campus policies and procedures



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# Introduction: Our Shared Responsibility and Commitment to One Another

This fall will be different than anything we have experienced. Dealing with COVID-19 presents schools with enormous challenges not just as a high school, but as a people and as a society. Creating a safe and healthy environment at New Trier for students and staff is a shared responsibility that will require each of us to do our part and be accountable to one another for our behavior both on and off-campus.

New Trier has developed policies and protocols for responding to the COVID-19 to protect the health and safety of our students, faculty, staff, and community.

Our knowledge and understanding of COVID-19 continues to evolve, and our policies and plans will be updated as appropriate as more information becomes available. Please check New Trier's [Back to School website](#) regularly. School-wide announcements will also go out via Canvas as developments occur.

As a condition of returning to campus, ALL students, staff, parents, and visitors are **required** to follow the COVID-19 campus policies and procedures, appropriate hand-washing, use of face coverings and PPE, social distancing, and other procedures outlined in this Canvas course. When you have completed the course, you must also read and sign the Trevian Caring for Trevians pledge.



## 1.1 What Is COVID-19?

### What Are Coronaviruses?

Our knowledge and understanding of COVID-19 continue to evolve and the epidemiological situation continues to change. As such, our policies and plans will be updated accordingly. In late 2019, a new coronavirus – since named SARS-CoV-2 – emerged, and by early 2020, it was making headlines across the globe. But this isn't the first time a coronavirus has sparked worldwide alarm. So, let's start from the beginning by unpacking what a coronavirus is.

### What is COVID-19?

Adding to the list of known coronaviruses (of which there are [seven](#)), a novel – or new – virus was identified in 2019. This new virus is named **SARS-CoV-2**, and it has not yet been tracked to a specific source. The associated disease is called “coronavirus disease 2019,” which is abbreviated as **COVID-19**:

- “CO” stands for “corona”
- “VI” stands for “virus”
- “D” stands for “disease”
- “19” stands for 2019, which is the year the virus was identified

*So, how did we get here? And how did COVID-19 spread so rapidly? In the next lesson, we'll explore what we know – and don't know – about how COVID-19 is spreading*

## 1.2 How is COVID Spread?

COVID-19 is a new disease, so researchers are still learning how it spreads. So far, it's believed that the virus mainly spreads from person to person – and less commonly, via contaminated objects and surfaces. Current understanding is based on early case reports and knowledge of how similar coronaviruses spread.

Learn more below about the current understanding of COVID-19 transmission, according to the Centers for Disease Control and Prevention (CDC)

### Person-to-Person Spread



Researchers believe that COVID-19 spreads primarily from person to person. This can happen when viral respiratory droplets expelled by an infected person enter the mouth, nose, or eyes of nearby persons.

For the most part, viral respiratory droplets are transmitted through coughing and sneezing. However, an infected person may still spread viral mucus or saliva droplets when talking, laughing, sharing food, or shaking hands. That's why there's still a risk of transmission through any direct or close contact with an infected person.

*How close is too close? The CDC says there's a risk of transmission between people within 6 feet of each other.*

## Contact With Contaminated Objects and Surfaces



The virus is also believed to spread through contaminated objects and surfaces. This could happen if an uninfected person came in contact with the virus on a phone, table, door handle, or another surface – and then touched their mouth, nose, or eyes. However, this mode of transmission is less common than person-to-person transmission.

## What Else Should I Know?

*Can a person spread COVID-19 if they don't show any symptoms?*

Yes. COVID-19 doesn't always show symptoms. According to the CDC, there have been reports of asymptomatic carriers spreading the virus to others.

*What is community spread and how does it relate to COVID-19?*

According to the CDC, community spread describes when a person is infected with an illness, but the source of their infection is unknown. Community spread makes it more difficult to contain the virus because medical professionals are unable to identify the source of infection and track who else is at risk of exposure. Patients who are undiagnosed or asymptomatic are also less likely to seek medical care or take other precautions to prevent spreading COVID-19 to others.

*In summary, you're most likely to contract COVID-19 if you've been in close contact with someone infected, or you've touched your mouth, nose, or eyes after touching a surface contaminated with COVID-19.*

## 1.3 Symptoms

### What Are the Symptoms?

Could I have COVID-19? Knowing the signs and symptoms of COVID-19 can help you seek medical care early and prevent the virus from spreading to the people around you.

COVID-19 can produce many symptoms that range in severity. Most people will experience mild symptoms, but some people may show no symptoms – while others may become dangerously ill. Per the CDC, you may have COVID-19 if you have: cough or shortness of breath.

### Symptoms of Coronavirus (COVID-19)

**Know the symptoms of COVID-19, which can include the following:**



Also, even if you don't have those symptoms, you may still have COVID-19 if you experience at least two of the following:

- Fever, (100.4 degrees or higher, or more than 1.8 degrees above your normal baseline)
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of smell or taste
- New gastrointestinal symptoms
- Fatigue
- Runny nose or new sinus congestion (unless otherwise attributed to seasonal allergies)

This list is not inclusive. Contact your medical provider if you have any additional symptoms that are severe or concerning to you.

## What Is the Incubation Period?

An incubation period is the time between when a person is exposed to a virus and when the first symptoms appear. The CDC currently believes that COVID-19 symptoms may appear between 2-14 days after exposure to the virus.

*There is currently no vaccine or antiviral medication approved for treating COVID-19. That's why the best cure for COVID-19 is prevention. In the next lesson, learn what precautions you can take to prevent spreading or catching COVID-19.*



## 2.1 Prevention

### Prevention

Taking precautions to protect yourself and others from COVID-19 isn't alarmist—it's responsible. Because COVID-19 doesn't currently have a cure, vaccine, or specific antiviral treatment, prevention is the best way to keep yourself and loved ones safe.

### Social Distancing



Keeping space between you and others is one of the best tools we have to avoid being exposed to the COVID-19 virus and to slow its spread. Since people can spread the virus before they know they are sick, it is important to stay away from others when possible, even if you have no symptoms

To practice social or physical distancing:

- Stay at least 6 feet (about 2 arms' length) from other people.
- Do not gather in groups.
- Stay out of crowded places and avoid large gatherings.

Some schools that opened for the school year have been forced to go all-remote not because of transmission at school - but because of the spread of COVID-19 by students outside of school. Parties, large gatherings, outings with friends where no one is wearing a face covering, hugging, and failure to practice other preventative measures - these all can cause COVID-19 to spread and may make it difficult to keep school open. Students must do their part to stay safe if we want to continue to provide in-person learning.

## Face Coverings Required



Face coverings are **REQUIRED** to be worn by all students and staff on campus in ALL campus buildings except when eating or drinking. We will designate outside spaces in which students and staff may take a break from wearing a mask while maintaining social distance. Students who cannot wear a mask must remain at home and participate in remote learning. Students with individualized education plans or specific health plans must work with the Special Education Department to develop a plan for increasing the time during which they are able to tolerate wearing a mask.

### *How to Wear and Care For Your Face Mask*

- *Wearing a mask properly is essential to protecting yourself and others*
- The face mask/covering must be worn over the nose and mouth, under the chin
- It should be loose fitting but still secure enough to stay in place. Make sure you can talk with your mask on and that it doesn't irritate you, so you are not tempted to touch it or pull it out of place, which could put you at risk from touching your face or limit its effectiveness.
- Look for masks made with at least 2 layers of fabric. Thicker, more densely woven cotton fabrics are best, such as quilting cotton or cotton sheets. The mask should have ear loops or ties so you can adjust it. For people who wear glasses, look for a mask with a bendable border at the top so you can mold the mask to fit the bridge of your nose and prevent your glasses from fogging.
- Cloth face coverings should be properly laundered with regular clothing detergent before the first use and after each time you attend school.

## Other Preventative Measures

There are simple and effective ways to protect yourself and others from infection. The Centers for Disease Control and Prevention (CDC) recommends the following steps to prevent the contraction or transmission of COVID-19

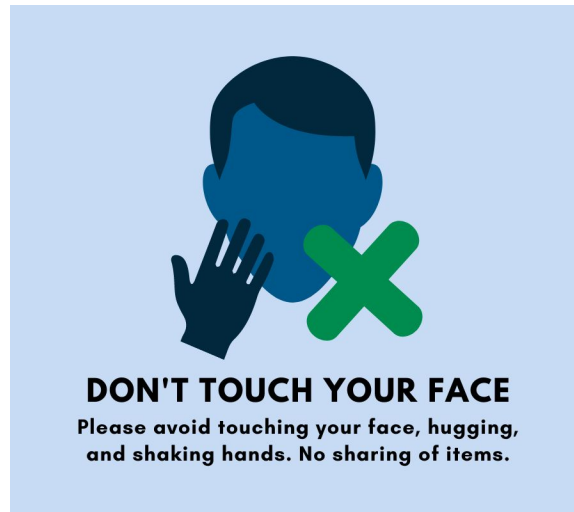
### *Wash Your Hands*



The best way to protect against COVID-19 is to wash your hands thoroughly and often. Remember to:

- Use soap and water or hand sanitizer that contains at least 60% alcohol.
- Use hand sanitizer when hand washing is not available
- Scrub your hands for at least 20 seconds.
- Wash the back of your hands, between your fingers, and under your fingernails.
- Wash your hands after using the restroom, before eating, and after sneezing, coughing, or blowing your nose.

### *Avoid Touching Your Mouth, Nose, or Eyes*



It's possible to contract COVID-19 from touching an object or surface contaminated with the virus – and then touching your mouth, nose, or eyes. That's why it's important to avoid touching your mouth, nose, or eyes with unwashed hands or in public spaces.

### *Disinfect Frequently Touched Object and Surfaces*



The third preventive measure is to disinfect objects and surfaces regularly using a household cleaner or sanitizing wipe. Focus on communal objects or surfaces, or those that are often touched. For example, you might clean the counter space on the concourse, or wipe down the table of your desk. Always avoid sharing personal items.

### *Cover Your Mouth When You Cough or Sneeze*



Experts believe that most COVID-19 cases are transmitted through respiratory droplets when an infected person coughs or sneezes. So, cover your mouth when you cough or sneeze. Ideally, use a tissue. Then, throw the tissue in the trash and wash your hands. If you don't have a tissue available, cough or sneeze into the crook of your elbow.

### *Stay Home If You're Sick-and Stay Away From Others Who Are Sick*



Stay home when you're sick – and stay away from others who are sick. Here are some basic guidelines:

- Stay home if you're experiencing respiratory issues or have cold or flu-like symptoms, such as a fever. Avoid going in public except to get medical care.

- Avoid direct or close contact with others who are sick. Close contact is defined as being within 6 feet of someone who's sick for a prolonged period.
- Call your doctor's office if you believe you may have been exposed to – or are experiencing symptoms of – COVID-19.

### *Spaces in the Building-Classrooms, Hallways, Stairwells*

#### **Classroom Seating**

- Maximum classroom capacity is approximately 50% to allow for social distancing
- Unused desks and tables are labeled “do not use/sit”

#### **Hallway and Stairwell Signage**

- Signage will remind students and staff about social distancing and provide information about new capacities for workspaces and about new procedures, such as walking to the right in all hallways.

#### **Water Bottle Filling Stations**

- Drinking fountains have been disabled, and students are required to use reusable water bottles. 35 additional water bottle filling stations have been installed between both campuses

#### **Restrooms**

- To allow for social distancing, restrooms are limited to approximately ½ capacity. Students will be encouraged to use the restroom during unscheduled time or class as needed to reduce the number of students in restrooms during passing periods.

#### **Hand Sanitizer Stations**

- Hand sanitizing stations will be available at each entrance and hand sanitizer will be available in all instructional spaces.

### *New Trier Policies*

Students and staff must conduct symptom monitoring every day before reporting to school. New Trier will use an online tracking system called Ruvna, which is provided securely through our IT department. The information will go directly to New Trier's Health Services.

Face masks/coverings must be worn by all staff working on campus when in the presence of others and in public settings where 6 feet of social distancing measures are difficult to maintain (i.e., common workspaces, meeting rooms, classrooms).

## 2.2 Screening Procedures and Entering School

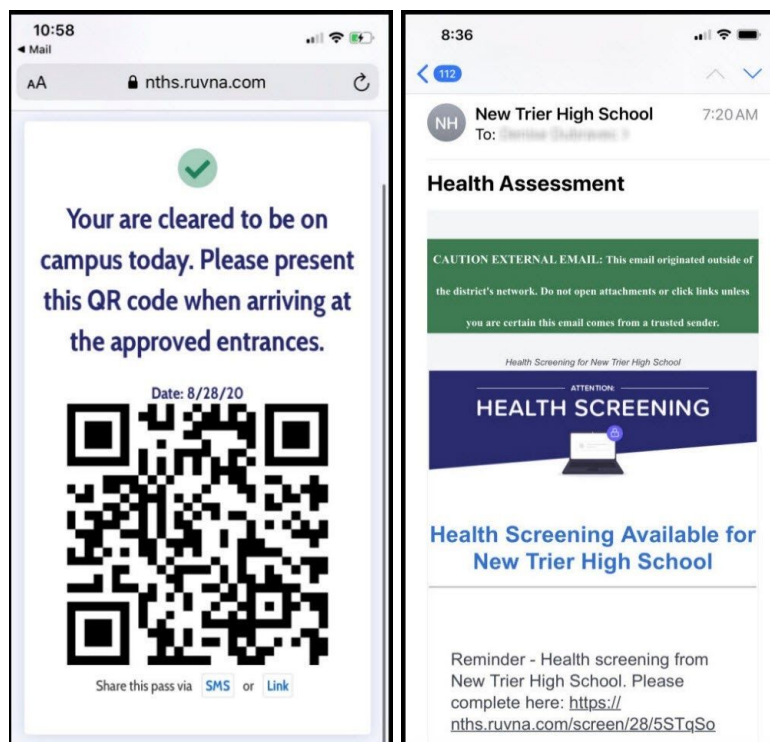
Each morning, parents/ guardians will receive a text message and an email reminding them to complete a brief health screening survey through the *Ruvna* app.

You and your parents will need to:

- Take your temperature and verify it is below 100.4 degrees
- Check for any possible symptoms of COVID-19
- Verify that you have not traveled to a high-risk state or area in the last 14 days
- Verify that you have not been diagnosed with COVID, been in close contact with someone with COVID, or are currently quarantining at home

It's important to answer these questions honestly. Even if you think your symptoms might be something else, you need to check yes if you have any on the list. You'll need to stay home that day, and the school will follow up about what you need to do next.

Under state guidelines, only parents/ guardians can complete the daily form. If they answer **NO** to all the app questions, they will get a QR code to text or email to you. After parents complete the Ruvna screener, the parent must text or email the QR code to their student. That QR code will be your "ticket" into school that day. The code is unique to each student and changes each day.



# Entering School

## *Winnetka Campus*

Students must enter the building from either Winnetka Road, Essex Road, or Trevian Way.

## *Northfield Campus*

Students must enter via the Happ Road or B Building gates.

Once you arrive, scan your QR code and proceed into the building. Students who do not have a QR code will need to contact a parent or guardian to complete the form and have their temperature checked. If a student is unable to reach a parent or guardian to complete the form, the student will step into a separate area, and a staff member will proceed through the screening questions and determine if they may enter the building. If a student does not have a mobile device, they will be directed to check in with a staff member who will verify that their parent has completed the form. **Students may not complete the Ruvna screener.**

If students are learning remotely and are involved in an extracurricular program, they will need to share their Ruvna health screener QR code to enter the building and may also need to show the code an additional time to their coach or sponsor depending on when and where the activity is located.



## 2.2 Exposure: What You Should Do

If you come in close contact or live with someone who has been diagnosed with COVID-19, you **MUST** report that contact to New Trier. In order to hold school in-person throughout the year, we will need to know about any students at risk of spreading COVID-19. Students and families should expect periods of quarantine throughout the year. Students who are well enough may still keep up with all their courses remotely during quarantine periods. This course identifies categories of risk and what to do if you think you have been exposed to COVID-19.

### Risk Categories

- You live in the same household as someone who has tested positive for COVID-19
- You've had close contact with someone who has tested positive for COVID-19. Close contact applies to anyone who's been within 6 feet of an infected person for more than 15 minutes. In some cases, Cook County health officials may use more conservative guidelines for quarantine (such as everyone in a classroom, even if they were all 6 feet apart). Also note that the longer that contact period lasts, the greater the risk.

### New Trier Policies

- Parents must immediately notify Health Services if their student or an immediate family member tests positive for COVID-19. We **MUST** know of every exposure that may occur involving our students and staff. The school will maintain confidentiality.
- Call Health Services at 847-784-2111 or email [ricchioa@newtrier.k12.il.us](mailto:ricchioa@newtrier.k12.il.us) (**Winnetka Campus**) or [cloughd@newtrier.k12.il.us](mailto:cloughd@newtrier.k12.il.us) (**Northfield Campus**).
- Exposure is considered more than 15 minutes while less than 6 ft. apart during a 48 hour window prior to symptom onset with a person who has obtained a positive test result for COVID-19. Exposed students may not return to school until 14 days after their last exposure.
- Students also must stay home if they have a fever of 100.4 or higher or any of the symptoms of COVID-19. Students who feel well enough may still access remote learning on those days.
  - If a student is not well enough to participate in remote learning, parents could complete an absence form which can be found in the PowerSchool Parent Portal. Information about attendance procedures can be found [here](#).

## 2.4 If You Have Symptoms or Test Positive for COVID-19

*It is important for the school to know immediately if a student might or does have COVID-19.*

### If You Might Have COVID-19

If you have any of the symptoms of COVID-19 or a fever of 100.4 or greater:

- STAY HOME. Even if you think the symptoms might be caused by something else, you must stay home. If you feel up to it, you can participate in classes remotely that day.
- Have your parents fill out the [attendance form in PowerSchool](#) saying you won't be in school that day if you are too ill to participate in remote learning.
- Consult your doctor. You may be able to come back to school if you have a note from the doctor that says you do not have COVID-19 - either because of a negative test or because of an alternative diagnosis.

Students without a doctor's clearance must isolate at home for at least 10 days and may not return until there has been a reduction of their symptoms, they have been fever-free for at least 24 hours without fever-reducing medicine, and they have a note from a parent/guardian documenting that the ill student and/or household members are fever-free and symptoms have improved.

## If You Test Positive for COVID-19

If you receive a positive COVID-19 test or your doctor tells you to assume you have COVID-19:

- Your parents must immediately notify Health Services, at 847-784-2111 or email [ricchioa@newtrier.k12.il.us](mailto:ricchioa@newtrier.k12.il.us) (**Winnetka Campus**) or [cloughd@newtrier.k12.il.us](mailto:cloughd@newtrier.k12.il.us) (**Northfield Campus**).
- Health Services will work in coordination with the Cook County Department of Public Health (CCDPH) to determine who may have been in close contact with you. We will need you to help them by trying to remember everywhere you were and anyone you might have had contact with in the previous 48 hours. Be honest. If you were at a party or large gathering, it's ok to say so. The questions are to protect your health and the health of others, not to get you in trouble.
- You must complete 10 calendar days of isolation from the date of your first symptoms or positive test, be fever-free for 24 hours without use of fever-reducing medications, have seen improvement in your other symptoms, and have a doctor's note to return to school.
- If you are well enough, you may continue to attend classes remotely throughout the isolation period. If you are too ill to attend, have your parents fill out the [absence form](#).
- Most of all, we want you to return to health as quickly as possible, and your teachers, adviser, and others will help you with whatever you need in school.

## 2.5 Traveling During The Pandemic

Travel increases the risk of exposure to the coronavirus for our students, staff and community. The CDC has issued Level 3 Warnings - Avoid Nonessential Travel- for the vast majority of countries and territories and continues to discourage domestic travel. New Trier students who travel outside Illinois may need to quarantine when they return. This is part of your pledge to honestly answer questions on your health screener and help protect others to keep our school open.

### Cook County Travel Order

New Trier is abiding by [travel orders issued by the Cook County Department of Public Health](#).

If you travel to a high-incident state or area on Cook County's travel list for more than 24 hours:

- Answer yes to the travel question on the Ruvna health screener.
- Quarantine for 14 days.
- You will attend your classes remotely during your quarantine.

### New Trier Travel Restrictions

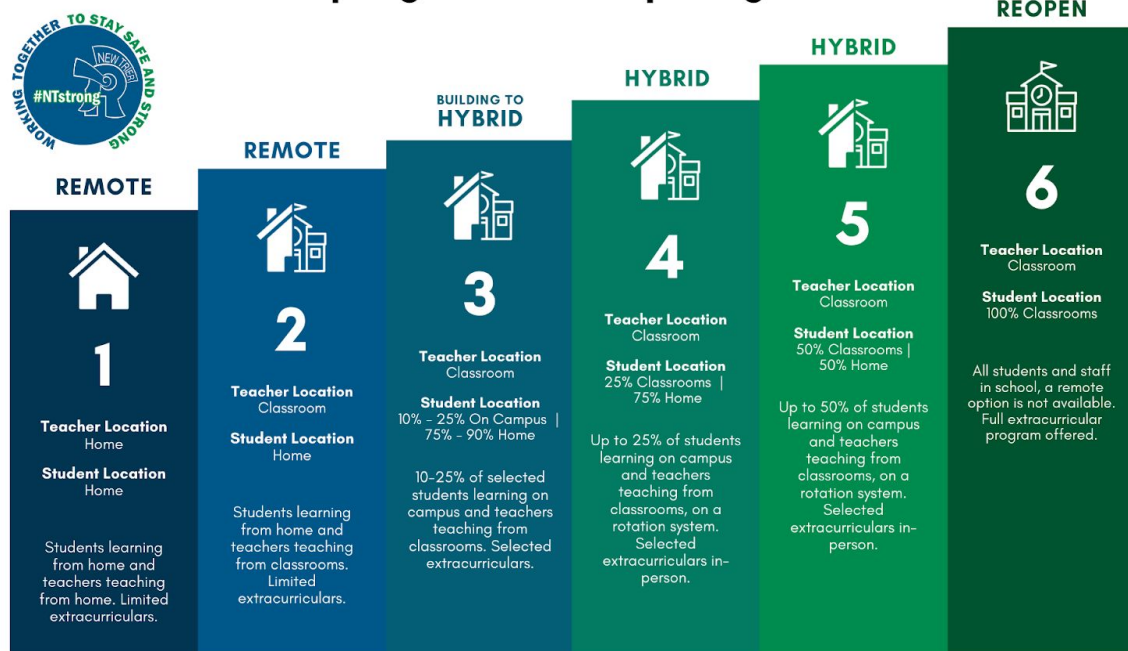
For the time being, New Trier will not allow school-related travel outside of our immediate area, and field trips will not be offered.

## 3.1 Return to Campus Ladder

The safety of our students, staff, and community is New Trier's highest priority. As much as we would all like to be back in school in person and return to our regular routines, "back to normal" isn't safe right now. That's why New Trier developed this Ladder to Reopening and has a committee with representatives from the medical field, students, parents, faculty, staff, administrators, and the Board of Education to help make recommendations on when and how students should return to campus.

Movement along the ladder is guided by an "up slow, down fast" principle. We need to move slowly up the ladder in order to: (1) ensure the facility can operate successfully at the current step, (2) not open too quickly and have to move back down the ladder, (3) allow transportation and food service to ramp up their operations. We may need to move quickly down the ladder if local metrics indicate a spread of COVID-19 in our school.

### New Trier Township High School Reopening Ladder



#### MOVEMENT BETWEEN STEPS

The Reopening Advisory Board, which includes the Board, Faculty, Parent, Student, and Medical Representation, will make recommendations to the Superintendent informed by the Operational Evaluation categories established in the reopening plan.

## 3.2 What to Expect on Campus

*New Trier has enhanced all cleaning procedures and made numerous changes at our campuses to prevent the spread of COVID-19. There are also signs throughout the building reminding students, staff, and visitors of changes in the way we must move throughout the buildings this year. Here are some of those changes:*

### Face Coverings and Student ID Lanyards

Students must wear a face covering at all times while on campus except while eating or drinking. New Trier will provide all students with a cloth mask; students should wear these or their own protective mask that covers their nose and mouth and fits snugly on the sides and under the chin. Students without a mask will not be permitted on campus; limited numbers of disposable masks will be available.

New Trier also will provide all students with lanyards for their student ID cards. Students will be required to wear these lanyards displaying their IDs while on campus to make them identifiable as a student given their face coverings.

### Outdoor Campus Spaces

Stay to the right on campus sidewalks to provide at least six feet of distance from pedestrians walking in the opposite direction.

Tents will be available outside of both campuses for AM Ruvna Health Screening Check-in and throughout the day for students to use during free period and lunch time. Students MUST maintain social distancing and follow all signage.

### Signage Program

New Trier has developed signage and decals to guide students, staff and visitors as they enter, travel through, occupy, and exit buildings. Common areas in buildings such as main entry doors, corridors, lobbies, waiting areas, will include reminders of safe hygiene practices and other important information. Pay attention to floor markers, occupancy limits, and other signs.

### Entering and Exiting the Buildings

Some doors may be designated as “Enter” or “Exit” only in order to avoid congestion.

## Circulating Through the Buildings

Keep to the right in corridors and hallways. Do not congregate. Keep it moving!

## Free Periods and Lunch Periods

During free periods and lunch periods, students must stay in designated areas to eat or study. These areas will be clearly marked, and students will be instructed on what areas are available for their free time. Students will not be able to congregate in other areas, and each designated area will have capacity limits.

## Elevator and Stairs

When using stairs, keep to the right.

Occupancy limits are posted next to each elevator entrance. Floor decals will show where occupants should stand. Those waiting for elevators should practice appropriate physical distancing. You may need to wait for the next elevator if occupancy has been reached.

## Restrooms

Individuals are expected to keep at least six feet of distance in restrooms. Please be mindful of the number of individuals inside a restroom and limit occupancy as posted. Wash your hands thoroughly. Only use alternating sinks when washing hands in a restroom; only use alternating urinals in men's restrooms. These are indicated by signs.

## Campus Cafeterias

The Trevian Commons and Northfield Cafeteria will not be open for food or coffee service until we are in stage 5 of the reopening ladder. Lunch options will only include a grab-n-go bag, which includes a sandwich, fruit, healthy snack and drink. More information will be shared on how to purchase lunch. Students should bring their own snacks or lunches if they do not want to purchase a grab-n-go bag.

## Communal Spaces

Students MUST follow all social distancing guidelines and remain 6' apart when in common and gathering areas. At Winnetka these include the Trevian Commons, Library Commons, Scrounge, Concourse area, outdoors, hallways, and stairwell landings. At Northfield these include the cafeteria, gyms, B Lounge, F Lobby, Library, and outdoors.

## Classroom Spaces and Configurations

All students and staff will wear masks at all times on campus, including in classrooms and common areas.

Student desks will be at least 6' from one another in all classrooms and should not be moved for any reason. Signage will indicate spaces for students to sit.

## Seating and Dismissal

Students may be asked to sit in an assigned seat to help with contact tracing should that become necessary. Students will be asked to keep appropriate distancing when entering and exiting rooms.

## Lockers

Due to social distance guidelines, lockers will not be available this school year. If you have an extenuating circumstance, email administrative services [adminservices@nthshs.net](mailto:adminservices@nthshs.net)

## Cleaning and Sanitizing

Students will be reminded to clean their workspace on arrival and departure to each classroom. Disinfecting spray for surfaces and hand sanitizer will be available in each classroom for use by faculty and students. Classrooms will be deep cleaned and sanitized by Physical Plant Services each night.



## 4.1 Instructional Models

No matter if you opted for 100 percent remote learning or a hybrid schedule, teaching and learning will be different this school year. Here are some changes to expect.

### What to Expect for Remote Learning

All students will have some remote learning days until the school can fully reopen. These days will look different than the emergency days from the spring. Teachers will use Canvas and follow the [Remote Learning Standards of Practice](#) to keep students engaged, connected to each other and their teachers, and on pace complete the full curriculum for each course. You should expect some contact via Zoom on each remote day.

### Zoom Standards of Practice for Students

All students must read and follow the [Zoom Standards of Practice](#). Some important things to remember include:

- Use your New Trier login and NTHS.zoom.us
- All school rules apply in the Zoom environment, including adhering to a safe and respectful learning environment
- Create a quiet, private space where you can Zoom if possible
- Don't text, game, or multi-task during Zoom classes. Be visible and engaged.
- Respect the privacy of the classroom. Use headphones or earbuds. Don't invite others to the Zoom classroom, record, or take screenshots.
- Arrive a few minutes early for your Zoom class and be present for the duration of class.
- Let your teacher know if you are having technical or other difficulties in engaging in the Zoom classroom. Contact TrevIT @ helpdesk@nth.net or 847-784-2399 if you need tech support.

## What to Expect for On-Campus Learning

All classrooms will have at least basic dual-mode technology available in the form of Zoom. Certain classrooms will be outfitted with cameras to allow students and staff flexibility and more interaction in their learning environment such as:

- Students in and out of the classroom can be heard by each other
- Staff/students can write on the classroom board and have it seen by in-room and remote students
- Staff/student slides can be seen by in-room and remote students

Students should expect some breakout work either remotely or in class, within the social distancing guidelines allowed.

Some classrooms will have a substitute or assistant to support staff who will teach from home.

## 5.1 Student Activities and Extracurricular

We believe our extracurricular programs are an integral part of a student's experience at New Trier. We are working to provide the most robust extracurricular program possible for our students during the upcoming school year. Each extracurricular area is developing plans to provide opportunities for students to the greatest extent possible that address each of our possible scenarios for the year.

For the safety of our students, staff and community, we must follow the safety guidelines and procedures outlined in this Canvas course during extracurricular activities. **Students who do not follow these guidelines will be removed from participation. Programs that do not follow these procedures will have their activities suspended.**

Students/families must complete a daily Ruvna screening form before coming onto campus. Students/families must answer screening questions honestly so we can continue to offer these opportunities. We will follow up with anyone who reports symptoms to determine when/if they can report back to their activities. Students who are ill or answer **YES** to any of the questions on the Ruvna screening form must stay home.

A club fair will be held September 23, during X-Block. Students will receive more information via Canvas.

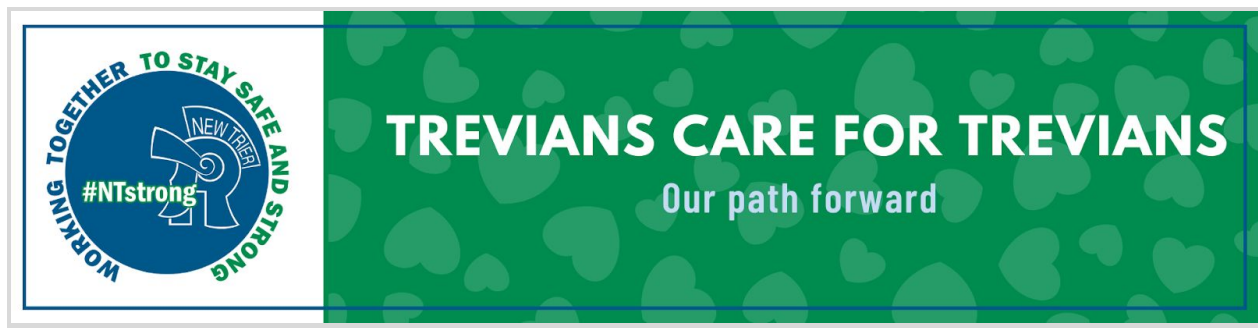
Please see the New Trier website for more information on our [extracurricular program offerings and procedures this school year](#).

## 6.1 Conclusion: Trevians Caring for Trevians Pledge

In this course you have learned about COVID-19, best practices to prevent its spread, expectations for students returning to campus, New Trier's safety and health procedures, and what to expect during this school year. We really are all in this together, and we can stay New Trier Strong by practicing safe, healthy behaviors on and off campus. If we can keep our community infection level down, we have a better chance of keeping our school open.

Now you can do your part by committing to the Trevians Caring for Trevians Pledge.

**All New Trier students are required to take the pledge through their Trevians Caring for Trevians Canvas course. Information about the pledge is included on the next page.**



Being a Trevian means being part of a strong community of students, teachers, and staff learning and working together every day. We are all interconnected, especially when it comes to managing through COVID-19. Staying healthy and protecting our Trevian community members is a collective effort that takes a personal commitment from each one of us. If we want to have the ability to learn together in person on our campuses, all of us must abide by guidelines and practices designed to limit the spread of the virus and to keep each other and our families safe. **The more we adhere to these safety guidelines, the greater chance we have to protect the health and safety of our community and maintain access to on-campus learning and extracurricular activities.**

*Care for yourself. Care for others. Care for the Trevian community.*

**I will...**

**Care for myself by:**

- Complying with all New Trier health and safety procedures,
- Monitoring myself for symptoms of COVID-19 and reporting any symptoms to my parent/guardian and school nurse,
- Practicing social distancing at all times,
- Avoiding exposure to large groups of people, especially when physical distancing is not possible, and
- Regularly washing my hands with soap and water or using hand sanitizer.

**Care for Trevians by:**

- Staying home if I feel sick, if I have tested positive for COVID-19, or if I have been in close contact to someone who is ill,
- Answering all questions on my daily RUVNA health certification honestly to the best of my knowledge,

- Wearing appropriate face masks and other personal protective equipment both on and off campus as required by New Trier, Illinois Department of Public Health, or the [Cook County Department of Public Health](#),
- Maintaining physical distancing on and off campus,
- Quarantining for 14 days if I have traveled to a state designated by IDPH or [Cook County Department of Public Health](#) for quarantine, and
- Complying with all public health orders

*Protect each other. Trevians care for Trevians.*

I understand that I am expected to follow the requirements and policies related to mitigating the risk/spread of infectious disease, on and off campus, including guidance from the CDC, IDPH, ISBE, and New Trier High School District 203.