

Anxious Kids, Anxious Parents: How to Stop the Worry Cycle



Monday, September 18, 2017

6:30-8:30pm

Yarmouth High School

286 West Elm Street, Yarmouth, ME

Internationally recognized expert in the field of anxiety, Lynn Lyons, LICSW, is a practicing psychotherapist in New Hampshire. Her *Anxious Kids, Anxious Parents* presentation is engaging and informational, offering concrete strategies to support all students who experience anxiety on any level!

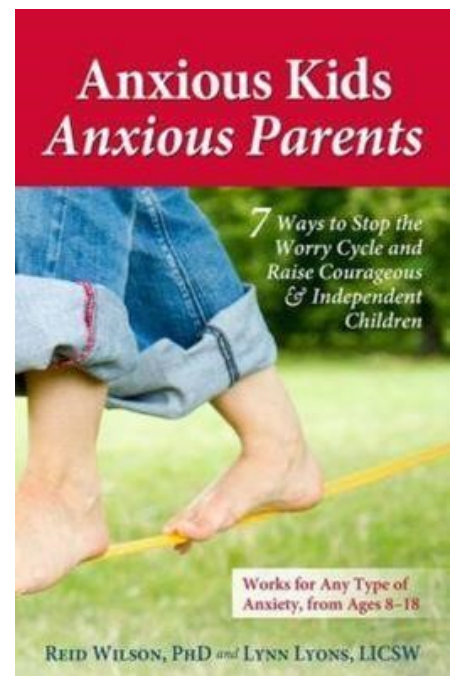
www.lynnlyonsnh.com

FREE and Open to the Public

Childcare provided (4+)

Event space is limited, reserve your spot today!

E-mail kaleigh@cascobaycan.org



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